

# **Social & Emotional At-Home Learning Activities**

Every month we will be providing each student with a workbook to complete a unit at home. Only 1 booklet per child will be provided so please do not lose it. In these activities we are asking the parents to get involved and have discussions with your child about each topic.

Throughout the year we will cover the following:

**September:** Self Awareness

**October:** Self Management

**November:** Social Awareness

**January:** Responsible Decision Making

**February:** Relationship Skills